

## MISGUIDED PARENTS

- Dreams of college scholarships, the Olympics, and professional sports careers for their children
- Fail to see the true value in free play and participating in a wide variety of sports

## EXTRAORDINARY FINANCIAL COMMITMENT

- Travel Teams
- Private Instruction/Personal Coaches
- Showcases
- Exclusive Tournaments
- Training Academies

## OVERUSE INJURIES

- Tennis Elbow
- Swimmer's Shoulder
- Little League Elbow
- Runner's Knee
- Jumper's Knee
- Achilles Tendinitis
- Shin Splints

## SPORTS AREN'T FUN ANYMORE

- Burnout
- Quit
- Disconnect



**INACTIVITY  
LATER IN LIFE**