

GUIDELINES FOR SELECTING YOUR TEAM CAPTAIN

Selecting a team Captain or Co-Captain should be based on the person's ability to handle the responsibilities inherent in the position. It should never be a popularity contest or based solely on a person's athletic abilities.

GOOD LEADERS

- Are Good Role Models – Their behavior reflects not only on them, but the team, the school and community.
- Display Good Communication Skills – They should be able to not only speak clearly, but also be a good listeners.
- Are Responsible and Mature – They should be dependable, punctual, and emotionally mature.
- Set good examples in what they say and what they do.
- Are fair and impartial - Able to separate friendships from their responsibilities.
- Their decisions will not be based on favoritism and should always represent what's best for the whole team and not any one individual.
- Are Helpful and Friendly - Willing to do extra for team mates.
- Are Approachable - The team should feel like they can discuss situations and problems with them.
- Help Solve Conflicts.
- Are willing and able to Communicate with their Coach or Athletic Director. Serve as a go between for team members and the coach.