

# InCourage

## Personal Leadership

### Canoe Adventure in the Wilderness

This 3 to 5 day adventure will challenge you to explore personal leadership skills and talents while experiencing the power of the wilderness around you.

Inspirational leaders are authentic. This authenticity comes from *inner* strength, selfmastery and the courage to be oneself. It is more than the confidence that comes from achievement, personal leadership is about *who you are and how you are*. That is what attracts the talent who work with you and/or the customers who want to do business with you. It might sound simple but the journey of self-discovery is more demanding than any wilderness expedition! This program takes place in the wilderness, but it is more about your inner journey, which is often best done outside.

Experience a genuine expedition that will have you paddle your own canoe, portage between lakes, build and break camp. You will have time to reflect, connect with nature and with colleagues to apply what you have learned. Evenings will be spent under the stars sharing stories, engaging in discussion and learning new ways to lead.

InCourage supplies experienced, qualified facilitators to guide you on the wilderness journey, and support you both on the personal journey within and on the journey toward organizational and team transformation. We take care of all required route planning and all the necessary gear including canoes, paddles, lifejackets, pack, tent, delicious organic food and transportation to and from the meeting point.

*“Each of us has only one vocation – to find the way to [ourselves] ... our task is to discover our own destiny – not an arbitrary one – and live it wholly and resolutely within ourselves.”*  
– Hermann Hess amended

**Three to Five days (with coaching support in between) | Outdoor | 8 to 15 participants**



### Outcomes

- Understand your unique leadership skills and talents
- Challenge your perceived limits - mental and physical
- Experience and reflect on your authentic self
- Transform your perspective of your organization and your place in it
- Connect with people, the wilderness, yourself



**Let us know how we can serve you!**

**Call toll free 1-888-392-6666**

**or visit our website at [www.incourage.com](http://www.incourage.com)**

This program has been designed to allow for further customization based on your organizational issues. For further information, call us toll free at 1-888-392-6666 or visit [www.incourage.com](http://www.incourage.com).